

Slow Cooker Curried Veggie Stew

Servings: 8

Ingredients

- 1 (28 oz.) can diced tomatoes, with juice
- 1 green bell pepper, diced
- 1 cup stemmed chopped kale
- 1 (15 oz.) can chickpeas, drained and rinsed
- 2 cup veggie broth
- 1 (15 oz.) can coconut milk
- 3 heaping tablespoon Tom Kha paste, or to taste
- 1 head broccoli, separated into florets
- 2 medium potatoes, diced
- cooked brown rice
- pinch of salt

Directions

1. Combine all ingredients, except salt and rice, in slow cooker.
2. Cover and cook on **LOW** for 6 to 8 hours or on **HIGH** for 4 to 5 hours.
3. Season with salt and serve over rice.